

**HANSHI TONY ANNESI**

**AIKI-JU-JUTSU**

**TOOLKIT 6**

**PROBLEM SOLVING AIKI**

**SUNDAY, AUG. 20, 2023 10:00 AM TO 2:30 PM**

**Seishinkan AIKI BUDO**

**1880 Rt. 315, Pittston, PA 18640**

**718 415-3883**



Because Aiki-ju-jutsu is so efficient, even experienced practitioners have difficulty performing well-know techniques with finesse (and without a lot of force).

This seminar troubleshoots typical challenging techniques (sometimes the most basic ones) with suggestions on how to perform them with less effort.

**Register E A R L Y** and take a **\$51 discount.**

**EARLY BIRD:**

**ONLY \$99**

**REGISTER**

**On June 1st: \$125**

**After July 1: Full Price \$150**