

HANSHI TONY ANNESI

AIKI-JU-JUTSU

TOOLKIT 3

EFFICIENTLY HANDLING STRIKES

SUNDAY, AUG. 23, 2020 10:00 AM TO 2:30 PM

Seishinkan AIKI BUDO

1880 Rt. 315, Pittston, PA 18640

718 415-3883



(click image for website)

The essence of advanced Aiki is effective self-defense with a minimum of effort. Hanshi Annesi has developed approaches to common aiki techniques that allow the student to work less and succeed more.

He teaches these skills through principles that student can easily understand, duplicate, and apply to other techniques, as well.

Register E A R L Y and take a **\$51 discount.**

EARLY BIRD:

ONLY \$99

REGISTER

On June 1st: \$125

After July 1: Full Price \$150