

# HANSHI TONY ANNESI

## MAWASHI UKE

### THE ROUNDHOUSE RECEPTION

### A STYLE WITHIN A TECHNIQUE

SUNDAY, JUNE 2, 2019 1:00 PM TO 5:00 PM

DefenseWise Martial Arts, 16 Ferry St., So. Grafton, MA



The Roundhouse or Circle Reception is employed in nearly every system of Okinawan karate, appearing most often in the Uechi and Goju systems.

When the applications of *Mawashi Uke* are studied in depth, they reveal not only hard and soft blocks, but strikes, locks, and throws, as well—almost an entire style within a single technique.

Kempo, TKD, Karate, and Aikido/Aiki-ju-jutsu stylists can profit from these applications. All are invited.

*When you register, you will receive a link to a short video to help to learn 2 stances and 2 versions of the roundhouse reception as prerequisites for the seminar.*

**OPEN to ALL practitioners.**  
**No knowledge of karate kata needed.**

Register before April 1 and take advantage of the **early bird discount.**

## EARLY BIRD: ONLY \$79

**After April 1: \$99**

You may also register at [www.bushido-kai.net/seminars\\_upcoming.html](http://www.bushido-kai.net/seminars_upcoming.html)

REGISTER